# **2021 Fall Sports Parent Meeting**





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#### **Academic Standards**

- In order to maintain eligibility, you must be officially enrolled in an OHSAA member school, or participating in accordance with state law, <u>and</u> you must have a biological and/or adoptive parent who lives in Ohio.
- All incoming <u>ninth graders</u> must have received <u>passing grades in a minimum of five</u> subjects in the immediately preceding grading period. All grades must be recorded in a student's academic record.
- All incoming <u>seventh graders</u> are <u>eligible</u> insofar as the scholarship bylaw regardless of previous academic achievement.
- To maintain eligibility, 6<sup>th</sup> -12<sup>th</sup> grade students must have received passing grades in a minimum of five one-credit courses, or the equivalent, in the immediately preceding grading period.



#### **Academic Standards**

- Students must be in good academic standing to participate in extra-curricular activities. Points are accumulated on received grades of "D's" or "F's" for each quarter. A "D" is worth 1 point, while an "F" is worth 2 points. A student may not accumulate three or more penalty points. If a student receives three or more points, he/she will be ineligible to play until the next time grades are issued (including interim grades). At the discretion of the Athletic Director, Principal, and/or coach, a student can be deemed ineligible at any time.
- Students taking College Credit Plus must comply with OHSAA scholarship standards (the HS office ensures this takes place).
- All students participating via state law that permits home educated, non-public, community and STEM school students to participate at public schools, when their schools do not offer the sport they wish to play, must also comply with OHSAA scholarship standards.
- Semester and yearly grades have no effect on OHSAA eligibility. \*MCS checks grades at interim and the end of each quarter.



# **Eligibility**

- You will be ineligible if you are a member of a school team competing on a non-school team in the same sport during your school team's season (example: club soccer team during school's soccer season).
- Coaches and schools cannot require that you participate in an open gym/open facility
   <u>OR</u> in a conditioning or instructional program. Violations of this regulation will result in penalties.
- There are certain restrictions regarding tryouts, practices and competitions with non-school teams before, during and after the school season.
- There are also restrictions for instruction you can receive from school coaches outside of your season in an OHSAA team sport (baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball and volleyball) and some OHSAA individual sports (cross country, track & field and wrestling).



# **Eligibility**

- There are no restrictions for instruction you can receive from school coaches outside of your season in many OHSAA individual sports (bowling, golf, gymnastics, swimming & diving and tennis).
- Once eligibility has been established at a member high school, a transfer to a different high school may mean you will lose eligibility for interscholastic athletics for a period of time at your new school. For specifics on the period of ineligibility, visit <a href="www.ohsaa.org">www.ohsaa.org</a>. (Athlete becomes ineligible second half of the season and post season)
- This regulation has several exceptions, most of which require a ruling from the OHSAA Executive Director's Office.
- Should you have transferred to this school, you must ensure all applicable paperwork
  has been submitted to the OHSAA <u>AND</u> the state office has granted approval for
  eligibility. Please contact your Athletic Administrator if this is you.
- Full eligibility will be granted only if one of the exceptions to the OHSAA transfer regulation has been met.



- Before the season's first practice (or prior to your first participation should you join the team after the season has started), you must have had a physical examination within the past year **AND** an examination clearance form must be on file at the school.
- Physical examinations are valid for 13 months from the date of the exam. Exams taking place from May 1 to June 1 are valid for one year plus through the end of the next school year's spring season.
- Athletic participation forms shall be signed by a medical examiner (Physician [M.D., D.O. or D.C.], Advanced Nurse Practitioner or Physician's Assistant), the participant and by a parent or guardian.



- In addition, you will not be eligible unless you and your parents have signed the OHSAA
  Authorization Form; the OHSAA Eligibility & Authorization Statement; the Ohio
  Department of Health's (ODH) concussion form, and ODH's sudden cardiac arrest form,
  all of which must be on file at your school.
- Concussions are <u>NOT</u> just a problem in football . . . concussions can happen in just about any sport!
- A concussion is a traumatic brain injury that interferes with normal function of the brain.
   "Dings" and "bell ringers" are <u>SERIOUS</u> brain injuries and you do <u>NOT</u> have to have loss
   of consciousness for it to be considered serious. Young athletes are at increased risk for
   serious problems.



- In Ohio, any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion . . . such as loss of consciousness, headache, dizziness, confusion or balance problems . . . shall be **IMMEDIATELY** removed from the contest or practice and shall not return to play that same day.
- Each school is required to review its concussion management protocol with participants and their parents.
- In addition, participants and parents must review and sign the Ohio Department of Health's "Concussion Information Sheet" prior to participation and are highly encouraged to review a short presentation on concussions available at no cost (www.nfhslearn.com).



- Sudden Cardiac Arrest (SCA) is the most common cause of death among studentathletes, and dizziness, loss of breath and a racing heart are often symptoms that are overlooked. In many cases, recognizing the signs of cardiac trouble means studentathletes can continue their athletic participation.
- Participants and parents are required to view the Ohio Department of Health's sudden cardiac arrest video that may be shown at your school.
- In addition, participants and parents must review and sign the Ohio Department of Health's "Sudden Cardiac Arrest Information Sheet" prior to participation.



#### MCS Policy pertaining to alcohol and tobacco (including vaping):

- <u>First Violation</u> The student will be denied participation in 20% of scheduled public performances (not scrimmages) or 3 events, whichever is greater. The student will forfeit any positions of leadership and awards relating to a position of leadership.
- <u>Second Violation</u> The student will be removed from the team for the remainder of the season in which he/she is currently participating. The student will lose leadership responsibilities for the balance of his/her middle school or high school career. In most cases second offenses in this category will likely result in dismissal from Mansfield Christian School.



- The increased availability of performance enhancing supplements allows students easy access to a wide variety of products aggressively marketed to include promises endorsed by faulty research claims of extraordinary weight loss, explosive power or tremendous strength gains.
- It is important for parents to educate themselves about what substances their child may be using and about the potential risks involved with uneducated supplement use.
- Beyond performance enhancing supplements, there are additional issues related to illicit drugs, such as anabolic steroids and some prescription drugs used with the goal of aiding performance.
- Use of these drugs will result in disqualification from all interscholastic athletics.
- The OHSAA website (<u>www.OHSAA.org</u>) provides a wealth of information to assist parents, coaches, students and anyone interested in learning more about sports medicine and healthy lifestyles.



### **Health & Wellness**

- Chiropractic Needs
  - MCS high school athletes, that are in season, may visit Craner Family Chiropractic in Lexington for complementary chiropractic care. Call the office to schedule an appointment.
  - Dr. Cary Craner is an MCS alum, a husband of an employee, father to MCS graduates and has a current student at MCS, and is our Varsity Boys Basketball Head Coach.

Thank you Dr. Craner!



### Respect the Game

- The OHSAA's vision for positive sporting behavior is built on expectations. It calls on the school community — administrators, contest officials, coaches, students, parents and fans — to strive for positive sporting behavior in everything they do by teaching the values of ethics, integrity, equity, fairness and respect.
- As a student-athlete, you must always remember to Respect The Game!

#### **NEW Mid-Buckeye Conference Fan Ejection Policy**

- Fan behavior that results in an ejection and/or demonstrate misconduct before, during and after contests will be subject to a suspension equivalent to 10% of the season of the specific sport (gender and level). During the suspension period the fan is not permitted to attend any contest regardless of level or sport involving any MBC member schools.
- A second ejection and/or misconduct will result in a suspension equivalent to 50% of the season of the specific sport (gender and level).



#### Respect the Game

#### **NEW Mid-Buckeye Conference Fan Ejection Policy (cont.)**

- A third ejection and/or misconduct will result in a calendar year suspension.
- Suspensions occurring at the end of a season and/or has remaining suspended days will
  carry over into the next athletic season with remaining suspension beginning with the
  first scheduled contest at any level, to include High School and Middle School.
- Suspensions occurring at the end of the school year will carry over to the next school
  year beginning with the first scheduled contest at any level, to include High School and
  Middle School.



### **MCS Policies**

#### Athletic Attire

• Athletes are expected to dress modestly for practices. This includes no cut off shorts (due to short inseam), tank tops, muscle shirts, shorts that are not fingertip length or made of spandex (with anything covering the spandex).

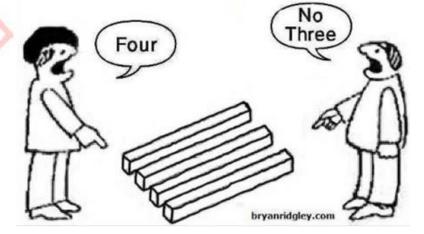
#### Quitting a Team

- Proper steps for an athlete who wants to quit the team:
  - Discuss it with your parents first, then
  - Schedule a meeting with the coach, then
  - Schedule a meeting with the Athletic Administrator
- Athletes that quit a team during the season will not be eligible for any athletic awards and will be considered ineligible for his/her next sport of choice, except at the discretion of the Athletic Administrator.



### **MCS Policies**

- Disagreements
  - Proper steps to take if you have a disagreement: (Matthew 18)
    - The student and coach should try to work it out, then
    - The parent may set up a meeting with the coach to try to work it out.
    - If the problem still cannot be worked out, please bring the concern to the Athletic Administrator.





### **Transportation**

- Mansfield Christian School does not provide transportation to athletic events
- Transportation must be provided by a parent or guardian using a personal vehicle
- Teams generally carpool to athletic events
- Parents who wish to drive must be approved prior to transporting others outside of their family. Once approved it is valid for every MCS trip.
- Car insurance must be on file in the HS Office.
- A transportation agreement must also be completed for each sport a student participates on in order to ride with other parents to away competitions.



# **Athletic Fees**

- Athletic Fees
  - High School- \$115
  - JH- \$75
  - Family Max- \$285
- All Sports Passes
  - These are good for every sport for the entire year at Mansfield Christian home games.
  - Individual- \$75
  - Family- \$175 (Immediate household family members only)

\* Fees will be issued to the students account through Facts



# **2021 Fall Coaching Staff**

#### **Head Coaches**

- HS Boys Soccer Stephen Armstrong
- HS Girls Soccer Michelle Beare
- HS Girls Volleyball Barb McLeary & Michelle Webb
- JH Girls Volleyball Becca Young
- HS & JH Cross Country Brooke Trumpower





